

The Lincoln St Peter at Gowts Church of England Primary School PE and Sport Premium Report 2025-2026



ST. PETER AT GOWTS
CofE PRIMARY SCHOOL

Unlocking the potential in all,
empowering a community of hope.

PE and Sport Premium Funding

The Government provides the Primary PE and Sport Premium to help schools improve the quality of PE, physical activity and sport for all pupils. The funding is intended to create sustainable improvements that have a lasting impact on children's health, wellbeing, physical development and engagement in sport.

At St Peter at Gowts, we are committed to ensuring that every child has access to high-quality physical education, a wide range of sporting opportunities, and experiences that encourage lifelong participation in physical activity. We use our funding strategically to improve teaching, widen participation, develop staff expertise and provide inclusive opportunities for all pupils.

Total PE and Sport Premium Funding Received (2025-2026): £17,890

Unspent Funding: £0

All funding allocated for the academic year was spent to support pupils' physical development, participation in sport and overall wellbeing.

Our Vision

We believe that physical activity plays a vital role in supporting pupils' physical health, mental wellbeing, confidence, resilience and teamwork skills. Through our PE curriculum, extracurricular activities and sporting opportunities, we aim to:

- Increase physical activity levels for all pupils.
- Improve the quality of PE teaching across the school.
- Develop pupils' confidence, resilience and teamwork.
- Provide inclusive opportunities for all children regardless of ability or background.
- Encourage participation in competitive sport.
- Promote healthy lifestyles and positive attitudes towards physical activity.

How We Spent Our Funding

1. Continuing Professional Development (CPD)

Amount Spent: £4,185.31

High-quality teaching has the greatest impact on pupils' outcomes. During 2025-2026, funding was used to provide professional development opportunities for staff to enhance their confidence, subject knowledge and teaching skills within PE.

Why we invested in CPD

By developing our staff's expertise, we create sustainable improvements that benefit current and future pupils. Staff training supports:

- Improved lesson quality.
- Increased teacher confidence in delivering PE.
- Better progression of physical skills across the curriculum.
- Greater inclusion of pupils with differing needs and abilities.

Impact

- PE lessons have become increasingly engaging and progressive.
- Staff confidence in planning and delivering PE has improved.
- Pupils have benefited from a broader range of high-quality activities.
- The knowledge gained remains within the school, ensuring long-term value beyond the funding period.

2. Extra-Curricular Sport and Physical Activity

Amount Spent: £12,206.67

A significant proportion of our funding was invested in providing a wide range of extracurricular sporting opportunities for pupils.

Why we invested

Extra-curricular sport encourages children to:

- Increase their daily physical activity.
- Explore different sports and activities.
- Develop teamwork and leadership skills.
- Build confidence and self-esteem.
- Enjoy healthy competition.

- Develop lifelong healthy habits.

Impact

The funding enabled pupils to participate in activities beyond the curriculum and helped ensure that opportunities were available to a broad range of children.

As a result:

- More pupils engaged in regular physical activity.
- Participation rates across year groups increased.
- Pupils developed confidence through representing the school.
- Children experienced sports they may not otherwise have accessed.
- Physical activity contributed positively to pupils' wellbeing and mental health.

3. Equipment and Resources

Amount Spent: £5,431.50

Investment in PE equipment and resources ensured that pupils had access to high-quality facilities and equipment to support learning and participation.

Why we invested

Having appropriate resources allows pupils to:

- Access a wider range of sports and activities.
- Develop skills safely and effectively.
- Participate fully in PE lessons.
- Experience high-quality sporting provision.

Impact

The additional resources have:

- Enhanced the quality of PE lessons.
- Increased pupil engagement and enjoyment.
- Supported the delivery of a broader curriculum.
- Improved opportunities for active play and physical development.

The investment also ensures equipment remains available for future cohorts of pupils, providing long-term value.

4. External Coaching and Specialist Support

Amount Spent: £3,689.50

Specialist coaches were used to complement and enhance the school's PE provision.

Why we invested

External specialists provide:

- Expert coaching in specific sports.
- Opportunities for pupils to experience high-quality instruction.
- Additional support for developing pupils' sporting skills.
- Enhanced professional development opportunities for teaching staff through working alongside specialists.

Impact

Pupils benefited from high-quality coaching experiences that:

- Improved skill development.
- Increased pupil motivation and enthusiasm for sport.
- Raised standards in specific sporting activities.
- Helped inspire participation beyond school.

5. School Games Organiser (SGO) Activities

Amount Spent: £300

The school engaged with opportunities provided through the School Games Organiser network.

Benefits

Participation enabled pupils to:

- Experience inter-school sporting opportunities.
- Develop confidence and resilience through competition.
- Celebrate sporting achievements.
- Build teamwork and sportsmanship skills.

These opportunities help foster a positive sporting culture across the school.

Supporting Inclusion

A key focus of our expenditure during 2025-2026 was ensuring that sport and physical activity opportunities were accessible to all pupils.

Pupils with SEND

We specifically targeted funding to improve opportunities for pupils with Special Educational Needs and Disabilities (SEND).

This included ensuring activities could be adapted where necessary and that all pupils were able to participate in PE, physical activities and wider sporting experiences.

Impact

- Increased participation in physical activity.
- Greater inclusion within PE lessons and clubs.
- Improved confidence and self-esteem.
- Enhanced opportunities to develop physical skills and social interaction.

Girls' Participation

The school also targeted funding to increase and improve opportunities for girls to access PE, sport and extracurricular activities.

Impact

- Increased engagement in physical activity.
- More opportunities to participate in a range of sporting activities.
- Improved confidence and enjoyment.
- Encouragement for lifelong participation in sport and exercise.

Disadvantaged Pupils

Funding was also used to support disadvantaged pupils and ensure that barriers to participation were reduced wherever possible.

Impact

- Greater equality of access to extracurricular sport.
- Increased participation rates.
- Enhanced wellbeing and social development.
- Opportunities to develop confidence and personal achievement through sport.

Swimming and Water Safety

Swimming is an important life skill and remains a key part of our PE curriculum.

Year 6 Swimming Outcomes 2025-2026

Measure	Percentage Achieved
Swim competently, confidently and proficiently over 25 metres	80%
Use a range of strokes effectively	80%
Perform safe self-rescue in different water-based situations	80%

Impact

The school's investment in swimming and water safety has had a positive impact on pupil outcomes.

Pupils leaving St Peter at Gowts have developed essential water safety knowledge and practical swimming skills that contribute to both personal safety and lifelong participation in physical activity.

The school will continue to review swimming provision to ensure that pupils who require additional support have opportunities to further develop these important skills.

Looking Ahead: 2026-2027

As we continue to develop PE and school sport provision, the school has identified the following priorities for future support:

- Continued professional development for staff.
- High-quality extracurricular sporting opportunities.
- Further investment in equipment and resources.
- School Games participation and competition opportunities.
- Access to external coaches and specialist support.
- Further development of swimming and water safety provision.

Summary

The PE and Sport Premium funding has enabled St Peter at Gowts CE Primary School to provide a broad, inclusive and high-quality PE and sporting offer for all pupils. Through investment in staff development, extracurricular activities, specialist coaching, equipment and targeted inclusion initiatives, the funding has had a positive impact on pupils' physical development, confidence, wellbeing and enjoyment of sport.

By ensuring all funding has been spent strategically and sustainably, we continue to build a strong foundation for healthy, active lifestyles and a positive sporting culture across our school community.