



P.E.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Personal Pirate Pranks	Social Monkey Business	Cognitive Thambi Walks the tightrope Real Gym – Shape At Home	Creative Wendy's Water-ski Challenge Real Gym – Travel Jungle Trip	Applying Physical Ringo to the rescue Real Gym – Flight Park Life	Health and Fitness Caspar the Very Clever Cat Real Gym – Rotation Toy Box
Year 1 & 2	Personal Footwork + one leg balance The Birthday Bike Real Gym - Shape	Social Jumping and landing Journey to Blue Planet Real gym - Travel	Cognitive On a line/stance Tilly the Train's big day Real Gym - Flight	Creative Ball skills/partners Clowning around Dance - Topic	Applying physical Sending and receiving John and Jasmine learn to juggle Real Gym - Rotation	Sports day events Ball chasing Sammy squirrel and the rolling nuts. Mini - tennis
Year 3 & 4	Personal Footwork + one leg balance Tag Rugby	Cognitive On a line Ball skills Tag rugby	Personal Mini-basketball Pop lacrosse	Cognitive Netball Movement evasion games	Health and Fitness Chance to Shine Cricket Hockey	Mini-tennis Applying Physical Sports day practice
Year 5 & 6	Real PE – Social Counter balance On a line Tag rugby	Movements/evasion games Cognitive – ball skills Reaction + Response	Real PE – Creative Static balance – seated Floor work	Applying Physical Pop lacrosse Hockey	Personal Mini-tennis Cricket	Chance to shine cricket Health and Fitness Ball chasing
Swimming				Year 6 = 12 weeks, Year 5 = 12 weeks, Year 4 = 12 weeks		