

Welcome to our summer term copy of our eSafety newsletter.

More useful information and websites can be found on our school website at: <https://www.st-peter-gowts.lincs.sch.uk/safeguarding/>

Please do get in touch if you have any questions, comments or concerns you would like to discuss with us.

Many thanks for your continued support.
The St Peter at Gowts Team

Ofcom’s Media Use and Attitudes Report 20/21 (see below) shared some interesting facts and figures about children’s internet usage. If you would like any additional information or support regarding the apps mentioned, screen time, online gaming or anything else, please let us know.
National Online Safety have produced many parent fact sheets that are really useful – these can be found on their website or social media channels. We can also provide you with copies of these.

What Parents & Carers Need to Know about The Ofcom Children and Parents: MEDIA USE AND ATTITUDES Report 2020/21

- Content Consumption:** 97% of children aged 5-16 watch content on video-sharing platforms (VSPs).
- Online Gaming:** Who Plays Games Online? 55% of 5-7s, 80% of 8-11s, 86% of 12-15s.
- Posting/sharing content:** 39% of 5-7s shared content online, 75% of 12-15s shared content online.
- Social Pressures:** 83% of 8-11s & 89% of 12-15s felt the pressure to be popular online.
- Screen Time:** 4 out of 10 parents found it hard to control their child's screen time.
- Parental Concerns:** 50% concerned about pressure to make in-game purchases, 45% concerned about bullying, 38% concerned about content.
- Online Safety:** Only 32% of parents use parental controls built into devices, only 30% use controls to restrict access to inappropriate content.
- Vulnerable Children:** 84% of children who have an impacting/limiting condition used video software such as Zoom, HouseParty and Skype.
- Live Streaming:** 40% watch other people's live streams, 8% have shared live streams.
- 12-15s:** 80% watch other people's live streams, 17% have shared live streams.

Most popular apps used by 12-15 year olds: TikTok (89%), Instagram (85%), Facebook (50%), Snapchat (33%).

Most popular platforms for live streaming: YouTube (39%), Instagram (30%), Facebook (10%).

Most popular platforms for 12-15s: Instagram (38%), YouTube (32%), Facebook (25%).

National Online Safety #WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety /NationalOnlineSafety @nationalonlinesafety

DIGITAL FOOTPRINTS

What do yours say?

BE CAREFUL ABOUT:

- What you share.
- Where you share.
- With whom you share.

BE SMART ABOUT:

- Sites you visit.
- Emails you open.
- Links you click.

BE YOURSELF
but be your best self.



Digital footprints

Do you know what a digital footprint is?

A 'digital footprint' is the trail of data that we all leave behind when we're online. The digital footprint is a huge subject area but it's one that everybody needs to know about as this trail of data affects every single one of us to a varying degree. It's important that we talk to children and young people about their digital footprint. This already happens in school and is something we will be looking at in all classes after half term.

What should you discuss?

Firstly it's important to note that everyone makes mistakes, it's one of the things that make us human. In our modern digital age many mistakes are now permanent – they won't go away. So one of the simplest yet most important messages is to think before you post, and this applies to children, young people and adults alike. We all have to be very critical about what we are posting online, what we are sharing and the comments we're making. It is good to have open and honest conversations at home, especially with older children about what they are sharing online. Remember these shouldn't be 'scary' conversations, they should be open, factual, educational and supportive.

Resources:

My data and privacy online - a toolkit for young people with lots of information.
<https://www.lse.ac.uk/my-privacy-uk>

Talking to children about online reputation

<https://www.internetmatters.org/issues/online-reputation/protect-your-child/>

Information taken from

<https://www.esafety-adviser.com/wp-content/uploads/2021/03/DITTO-Ed-24-March-2021.pdf>