

# **SAINT PETER AT GOWTS**

SAINTPETERS@SCHOOL

**5TH FEBRUARY 2021** 

"Unlocking the potential in all, empowering a community of Hope"

## **NOTES FROM THE HEADTEACHER**

To all our families at St. Peter's,

Firstly.....WELL DONE! You are surviving a pandemic! Whatever your personal circumstances, we think you are doing an amazing job!

Life at St. Peter's continues to be as normal as we can make it. We have enjoyed focussing on children's mental health this week, we planned some themed days next week as we raise awareness of E-safety and celebrate the end of term with a Valentine's craft day next Friday. As usual, the pupils are doing brilliantly and they continue to impress us with their maturity and understanding with the rules of social distancing and hygiene. Our enhanced hygiene procedures continue, with cleaners employed through the day to clean touch points and toilets very regularly. We are incredibly grateful that we currently still have not needed to close any bubbles and have had no positive tests within school. All staff now have lateral flow testing twice a week which makes the whole school community even more safe and protected.

We would like to thank parents for their amazing support at this time - the positivity and resilience is phenomenal!

Stay safe and take care, Charlotte Hickerton

## CHILDREN'S MENTAL HEALTH WEEK



As you may know, this week has been Children's Mental Health week. The theme of this year's week is 'Express Yourself'. Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. It is about finding a way to show who you are, and how you see the world, that

can help you feel good about yourself. As parents and carers, you play an important role in your child's mental health. Please do look at the following resources and use some of the ideas to promote good mental health with your family!

https://www.childrensmentalhealthweek.org.uk/parents-and-carers/



COMMUNITY

#### **VALENTINE'S VALUES DAY**

We are looking forward to a Values Themed Day next week on 12<sup>th</sup> February! We are hoping to break the lockdown monotony with a heart-filled day. The children will enjoy a packed day of DT activities including baking, making and creating. There will also be packs to take home and maybe even a local trail set up for you to complete in half term. Watch this space!



#### FACEBOOK FAMILY CHALLENGE THIS WEEK

This week is a challenge linked to Captain Tom. In Collective Worship this week we have been celebrating Captain Tom's life and reflecting on his amazing achievements during his life. In April 2020, Captain Sir Tom decided to try to raise £1,000 for NHS charities by walking 100 laps of his garden before his 100th birthday. He raised £33 million. On his 100th birthday he received over 150,000 birthday cards from people all around the world!

Our challenge this week is ............ Can you set yourself a challenge of doing something 100 times to raise awareness of something you care about? This could be through an exercise like Captain Sir Tom, drawing, completing an activity for 100 minutes. Can



you take photos and share via the facebook site, or share even wider? Ideas could be -

- Run/hop round your garden 100 times, do 100 star jumps, hula hoop etc
- Read 100 pages in your book
- Draw 100 pictures and give them to friends and neighbours
- Say 100 nice things this week to your family

## E-SAFETY DAY - TUESDAY 9TH FEBURARY

On Tuesday 9th February we will be joining schools across the UK in celebrating Safer Internet Day 2021. Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers, and more to join together in helping to create a better internet.

Using the internet safely and positively is a key message that we promote at St. Peter's, and celebrating Safer Internet Day is a great opportunity for us to reemphasise the online safety messages we deliver throughout the year.



We would be delighted if you could join us in celebrating the day by continuing the conversation at home. To help you with this, you may be interested in downloading the free Safer Internet Day Education Pack for Parents and Carers which is available at: saferinternet.org.uk/sid-parents.

There are also top tips, a quiz and films which you can use at home with your child. Some other resources which you may find helpful in supporting your child online are:

- Advice for parents and carers from Childnet
- Tips, advice and guides for parents and carers from the UK Safer Internet Centre
- Guides on popular apps and games from NetAware
- Reviews and information about games, apps, TV shows and websites from Common Sense Media
- Help on using parental controls and privacy settings from Internet Matters
- Information and reporting of online grooming or abuse from CEOP

Online safety is an important issue which as a school we're committed to teaching our pupils/learners/young people about.

If you have any concerns or questions about keeping your child safe online, please do get in touch with your child's class teacher/myself or Emma Bradley our Designated E-safety Lead.

Mrs Bradley

# **TESTING CENTRE FOR COVID-19 TO REMAIN OPEN AT SINCIL BANK**

Please do remember that the local coronavirus testing centre located at Sincil Bank is still available this month. You can just drop in, it is a great way to protect others and make sure you are not unknowingly putting others at risk.

The testing centre became operational at a time when the infection rate was incredibly high in the Sincil Bank area. The quick response by the council was absolutely vital in helping



to keep our school community safe and well during this period and beyond. It continues to be an essential part of living and working in Sincil Bank, helping to detect asymptomatic cases in our whole community, as well as reassuring our school staff that they are not transmitting or contracting the virus whilst carrying out their essential work.

The service that the centre provides is impressive, as well as the helpline and follow up care that is available

to our local community. The council is now working in partnership with other charities and organisations offering people extra help - whether it's food parcels, transport, dog walking or benefit payments - so that they can self-isolate and not worry about these essential things.

So parents who do not have symptoms – please use this facility to get tested and make sure you are safe and protecting those around you! KEEP EACH OTHER SAFE!

