



SAINT PETER AT GOWTS

SAINTPETERS@HOME

5TH FEBRUARY 2021

“Unlocking the potential in all, empowering a community of Hope”

NOTES FROM THE HEADTEACHER

To all our families who are learning from home,

Firstly.....WELL DONE! You are surviving a pandemic! Whatever your personal circumstances, we think you are doing an amazing job!

Although it is stressful being at home all the time, do try to treasure and enjoy it as best you can. Hopefully the home learning is manageable and doesn't take the whole day up. If you have time, as a family play board games, watch movies together, bake, read stories, get outside, go for a nature walk or a walk to the shops. Build dens in your living room - have fun! These are the memories your child will always have with them and that will see them through life. Get them making their beds, setting the table, being part of everyday jobs in the home. These skills are life skills and develop independence. It helps them tackle things with a 'can do' attitude, it develops their resilience to overcome barriers.

So be kind to yourselves and remember, although we are closed to lots of children, we are still here for all our families all day every day and working as hard as ever. If you need support in anyway, we are here! We do miss you all so much!

Stay safe and take care,
Charlotte Hickerton

CHILDREN'S MENTAL HEALTH WEEK



As you may know, this week has been Children's Mental Health week. The theme of this year's week is 'Express Yourself'. Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. It is about finding a way to show who you are, and how you see the world,

that can help you feel good about yourself. As parents and carers, you play an important role in your child's mental health. Please do look at the following resources and use some of the ideas to promote good mental health with your family!

<https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>



ENQUIRIES@ST-PETER-GOWTS.LINCS.SCH.UK

@STPETERATGOWTS

FACEBOOK ST PETER AT GOWTS LEARNING COMMUNITY

WWW.ST-PETER-GOWTS.LINCS.SCH.UK

01522 880071

BOOK SWAP - PLEASE USE OUR LIBRARY TO STOCK UP BEFORE HALF TERM!

Please do use our book swap, it really is vital that your child keeps up with their reading during lockdown. Do email the teachers and they will be able to prepare a pack for you to pick up during next week.

Monday and Tuesday - EYFS and KS1

Nursery - christine.billinghurst@st-peter-gowts.lincs.sch.uk

Reception - natalie.budden@st-peter-gowts.lincs.sch.uk

Year 1 - emily.pinney@st-peter-gowts.lincs.sch.uk

Year 2 - sam.magee@st-peter-gowts.lincs.sch.uk / julia.thorne@st-peter-gowts.lincs.sch.uk

Wednesday and Thursday KS2

Year 3 - hannah.smith@st-peter-gowts.lincs.sch.uk

Year 4 - joanna.witton@st-peter-gowts.lincs.sch.uk

Year 5 - megan.hayward@st-peter-gowts.lincs.sch.uk

Year 6 - emma.bradley@st-peter-gowts.lincs.sch.uk



VALENTINE'S VALUES DAY

We are looking forward to a Values Themed Day next week on 12th February! We are hoping to break the lockdown monotony with a heart-filled day. The online tasks will be linked to this, and all our families will receive craft packs with fun activities complete. We hope these will bring a smile before half term!



FACEBOOK FAMILY CHALLENGE THIS WEEK

This week is a challenge linked to Captain Tom. In Collective Worship this week we have been celebrating Captain Tom's life and reflecting on his amazing achievements during his life. In April 2020, Captain Sir Tom decided to try to raise £1,000 for NHS charities by walking 100 laps of his garden before his 100th birthday. He raised £33 million. On his 100th birthday he received over 150,000 birthday cards from people all around the world!

Our challenge this week is Can you set yourself a challenge of doing something 100 times to raise awareness of something you care about? This could be through an exercise like Captain Sir Tom, drawing, completing an activity for 100 minutes. Can you take photos and share via the facebook site, or share even wider? Ideas could be -

- Run/hop round your garden 100 times, do 100 star jumps, hula hoop etc
- Read 100 pages in your book
- Draw 100 pictures and give them to friends and neighbours
- Say 100 nice things this week to your family



E-SAFETY DAY - TUESDAY 9TH FEBRUARY

On Tuesday 9th February we will be joining schools across the UK in celebrating Safer Internet Day 2021. Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers, and more to join together in helping to create a better internet.

Using the internet safely and positively is a key message that we promote at St. Peter's, and celebrating Safer Internet Day is a great opportunity for us to re-emphasise the online safety messages we deliver throughout the year.

We would be delighted if you could join us in celebrating the day by continuing the conversation at home. To help you with this, you may be interested in downloading the free Safer Internet Day Education Pack for parents and carers which is available at: saferinternet.org.uk/sid-parents.

There are also top tips, a quiz and films which you can use at home with your child. Some other resources which you may find helpful in supporting your child online are:

- Advice for parents and carers from Childnet
- Tips, advice and guides for parents and carers from the UK Safer Internet Centre
- Guides on popular apps and games from NetAware
- Reviews and information about games, apps, TV shows and websites from Common Sense Media
- Help on using parental controls and privacy settings from Internet Matters
- Information and reporting of online grooming or abuse from CEOP

Online safety is an important issue which as a school we're committed to teaching our pupils/learners/young people about.

If you have any concerns or questions about keeping your child safe online, please do get in touch with your child's class teacher/myself or Emma Bradley our Designated E-safety Lead.

Mrs Bradley

KEEPING ACTIVE AND HEALTHY

We know that with lockdown not all children are able to access our school provision with the Lincoln City Foundation coaches as much as they usually would, we don't want them missing out so they have been delivering LIVE PE every Friday at 2.30pm on our YouTube channel. These videos are targeted to EYFS and KS1 as it is vital they develop their ABC's for sport skills (agility, balance and coordination), each week has its own theme and the videos are around 15 minutes long). Don't worry if you have missed the first 2 weeks as the links are below, or search YouTube for Lincoln City Foundation - PE Fridays!

Week 1 - Superheros [PE Friday's with Coach Kat: Superheroes - YouTube](#)

Week 2 - Dinosaurs PE Fridays: Dinosaurs! - YouTube



TESTING CENTRE FOR COVID-19 TO REMAIN OPEN AT SINCIL BANK

Please do remember that the local coronavirus testing centre located at Sincil Bank is still available this month. You can just drop in, it is a great way to protect others and make sure you are not unknowingly putting others at risk.

The testing centre became operational at a time when the infection rate was incredibly high in the Sincil Bank area. The quick response by the council was absolutely vital in helping to keep our school community safe and well during this period and beyond. It continues to be an essential part of living and working in Sincil Bank, helping to detect asymptomatic cases in our whole community, as well as reassuring our school staff that they are not transmitting or contracting the virus whilst carrying out their essential work.

The service that the centre provides is impressive, as well as the helpline and follow up care that is available to our local community. The council is now working in partnership with other charities and organisations offering people extra help - whether it's food parcels, transport, dog walking or benefit payments - so that they can self-isolate and not worry about these essential things.

So parents who do not have symptoms - please use this facility to get tested and make sure you are safe and protecting those around you! **KEEP EACH OTHER SAFE!**

STOP COVID

Get a test at a site near you



Your questions answered: Community testing

What is community testing and why is it taking place?

This is an important step forward in bringing down coronavirus transmission levels in Lincoln.

It is estimated that as many as one in 50 people may currently have the virus. Many do not have symptoms and so are spreading the disease unknowingly.

The more people that can be tested the better as this helps us identify cases and to encourage people to isolate in order to break the chain of infection.

The testing will help reduce the spread of the virus, protect the most vulnerable and drive down the overall infection rate in the city.



Testing is available daily 8am - 8pm at the LNER Stadium, Sincil Bank and St Swithin's Community Centre, Croft Street.



Together, let's deliver Lincoln's ambitious future

